



Distance without bivouac - Race rules

[Race rules for sprint races](#) apply to distance races. However, there are some differences that are described hereafter.

The minimum age for dogs for MD race is 18 month.

A) Racing categories:

In FISTC Middle distance championships there are all categories as in sprint races even ski-joring (decision of GA 2008 in Schoonlo NED), all classes are opened whatever the number of starters.

B) Distances

Distances for middistance to D, C and SJ Women = 25km (+/- 5km), B, Pulka and SJ Men = 35km (+/- 5km),
A and O= 45km (+/- 5km)

C) Mandatory equipment for all teams:

- First aid kit for the musher and first aid kit for the dogs.
- The dogs bag on the basket must be big enough to carry the equipment and at least one dog.
- One snow hook for teams up to B class, two snow hooks for A and O teams.
- One security line.

D) Mandatory Equipment according to the racing categories:

- "C" Class: One spare harness, one leash, one neckline; one or two spare carabine; one cable line (or chain) with two carabines; a complete set of booties for each dog.
- "B" Class: Two spare harnesses, two leashes, two necklines; several spare carabines; two cable lines (or chains) with two carabines each; a complete set of booties for each dog.
- "A" and "O" classes: three harnesses, three leashes, three necklines; several spare carabines; three cable lines (or chains) with two carabines each; a complete set of booties for each dog.
- "Pulka" Class: one harness, one leash; one or two spare carabines; a complete set of booties for each dog; one cable line (or chain) with two carabines; one spare ski stick.
- « SKI-Jöring » classes : one spare harness, a complete set of booties for each dog, First aid kit for the skier, First aid kit for the dog(s), one cable line with two carabines. One spare skistick (telescopic) is recommended.

E) Extra Equipment:

Extra equipment is left to the initiative of the musher. However the following items are recommended:

- One pair of sunglasses;
- Warm clothes;



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- One lamp;
- Water, etc...

F) On the Trail:

Mushers are allowed to leave a tired or sick dog at a specific checkpoint. The location of the specific checkpoint(s) must be clearly indicated by the race Marshal at the Delegates meeting. The specific checkpoint(s) is/are equipped with stake-out, water and veterinarian assistance. It is forbidden to leave a dog at any other checkpoints.